



Employee Assistance Program

An Employee Assistance Program (EAP) is an independent and confidential counselling service provided by the employer to assist their employees with work and or personal issues. An EAP service is short term counselling and wellbeing support. In some workplaces, immediate family members are eligible to receive EAP services. EAP services include:

- counselling
- outreach counselling services
- manager support services
- critical incident response and support
- face to face, online and phone support

Whilst EAP is voluntary, accessing the service can assist with a range of problems. This can include but not limited to:

- anxiety related to COVID-19
- workplace conflict
- impact of psychosocial hazards
- career development
- personal relationship issues
- children and adolescents
- grief and bereavement
- concerns for team members
- elderly parents, relatives or friends
- financial issues
- work life balance
- changes in the workplace

Accessing the Service

Daly & Ritchie EAP operate 24 hours, 7 days a week.
To request an appointment, please call **1300 84 44 33**.



Our EAP Coordinator will speak to you about your request for an appointment. If you feel that you need to speak with a counsellor urgently, the EAP Coordinator will ensure that a counsellor is available within 2 hours for a telephone appointment.