

ACCIDENTAL COUNSELLOR



ONE DAY WORKSHOP

Delivered by registered,
qualified & experienced
COUNSELLORS

We can find ourselves in situations that requires us to help someone when another person is feeling overwhelmed for reasons that may or may not be known to us. When a person takes on the role of an accidental counsellor, they are providing support to assist a person that may be in crises or just needing someone they know, to talk to about their current situation.

This workshop is designed for people to gain and understanding of:

- MODULE 1** Being an Accidental Counsellor
- MODULE 2** Self-awareness including values & beliefs
- MODULE 3** Communication strategies to overcome barriers
- MODULE 4** Recognising a crisis and applying solution focused strategies
- MODULE 5** Working with difficult behaviours
- MODULE 6** Professional boundaries, referring & self-care



The Accidental Counsellor program is a one-day face-to-face workshop. This program can be delivered either at your workplace or participants can attend one of our public workshops.

Contact Daly & Ritchie
today for more information:

Disclaimer: This workshop does not provide any qualification as a professional counsellor. © Daly & Ritchie 2020